

Stuff To Do For You-th



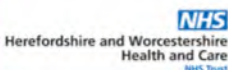
Starting Well Partnership
Bromsgrove & Redditch
EVERY CONTACT SHAPES A LIFE

A directory of activities for young
residents in Bromsgrove & Redditch
2024 edition



www.startingwellworcs.nhs.uk

Provided by:



In partnership with:



EVERY CONTACT SHAPES A LIFE

This booklet contains a list of fun activities & groups for children & young people across Bromsgrove & Redditch.

Keep in touch with us



@StartingWellRB



@BgroveandRditch



www.startingwellworcs.nhs.uk

Do you have a communication or information support need? If so, please contact 01905 520 032 so that those needs can be recorded and responded to.

Please be aware that some groups are run by outside providers and are not provided by Starting Well. Third parties, including their websites, privacy policies, and everything else they do, are not under Starting Well's control. While every attempt is made to ensure all information held here is accurate, we cannot accept any responsibility for third party services. Their inclusion here is for your information only and does not represent endorsement or recommendation by Starting Well. Details in this booklet were correct at the time of going to print.

Bromsgrove Fun Universal Activity Groups

Time	Group	Location	Details / Cost / Contact for info
Mondays			
5.30 - 7pm	Music Tuition	The Pod, Charford, B60 3JB	Up to 17 years old, FREE. Contact Dan 07467 152122
7 - 9pm	Youth Club	Woodrush Community Centre, B47 5JW	Call 01564 823777 or visit www.woodrushhigh.worcs.sch.uk
Tuesdays			
4 - 6pm	LGBTQ+ Support Group	The Hub, Bromsgrove Baptist Church, B60 2JD	For 11 - 17yrs, FREE. Call 07827 917211 or visit the Hub Bromsgrove Facebook Page
5.30 - 7.30pm	Youth@ The Lounge Youth Club	The Lounge Community Café, 22 The Square, B48 7LA	For Year 5+. Crafts, games, cooking, park visits, trips & lots more. First session FREE then £3 PAYG.
6.30 - 8.30pm	Youth Club	Woodrush Community Centre, B47 5JW	For 12 - 13 year olds. Call 01564 823777 or visit www.woodrushhigh.worcs.sch.uk
Wednesdays			
5 - 6.30pm (Every other Wed)	Youth Council	The Hub, Bromsgrove Baptist Church, B60 2JD	For 11 - 19yrs, FREE. Call 07827 917211 or visit the Hub Bromsgrove Facebook Page
6 - 9pm	Youth Club	Waseley Hills High School Sports Centre, B45 9EL	For 8 - 16 year olds. Contact P&E Sports call 01527 529496 pandesports@gmail.com www.pandesports.com
6.30 - 8.30pm	Youth Club	Woodrush Community Centre, B47 5JW	For 11 - 12 year olds. Call 01564 823777 or visit www.woodrushhigh.worcs.sch.uk
Thursdays			
Reception to Year 4: 4.40 - 5.50pm Year 5+: 5.50 - 6.50pm	Gymnastics @ Bromsgrove Gymnastics Club	St Johns Middle School, B61 7DH	https://bromsgrovegymnasticsclub.co.uk or call 07450 671196
2 - 4pm	No Definitions LGBTQ+ Support Group	The Hub, Bromsgrove Baptist Church, B60 2JD	For 18 - 25 year olds. Call 07827 917211 or visit the Hub Bromsgrove Facebook Page
4 - 6pm	Youth Club		For 10 - 13 year olds (school years 6 to 8). Call 07467 152122 or visit Facebook page above

Thursdays continued

5.30 - 7.30pm	Youth@ The Lounge Youth Club	The Lounge Community Café, 22 The Square, B48 7LA	For Year 8+. Crafts, games, cooking, park visits, trips & lots more. First session FREE then £3 PAYG.
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Fridays

4 - 6pm	Friday Motive	Bromsgrove Methodist Church, B60 1AS	For Year 9+, FREE. Call 07827 917211 or visit the Hub Bromsgrove Facebook Page
4 - 5.30pm (Term-time)	Beacon Youth Club	Beacon Church Centre, Rubery, B45 9DL	For 14 - 17 year olds Contact michael.hall@ymcaworcestershire.org.uk 07716 637042
6.30 - 8pm (Term-time)			For 10 - 14 year olds Contact michael.hall@ymcaworcestershire.org.uk 07716 637042

Inclusive Activities

Time	Group	Location	Cost / Info / Contact
13th May, 10th June, 8th July, 12th Aug 5.30 - 7.30pm	Disability Sailing	Aztec Upton Warren, B61 7ER	For all ages. £4.50 per session. For details of how to book, see www.bromsgrove.gov.uk/sailing
Contact for details	SEN Forest School	Rainbow Woods, B60 1LH	To book, see Forest School on Facebook or Instagram Forest School Families or www.forestfam.com 07816 858356

Thursdays

7 - 9 year olds 4 - 5pm (Term-time)	Can you kick it? SEN Football	Rigby Hall School, B60 2EP	First session FREE, £3 per session after. Young people with Autism, Down Syndrome, ADHD, SLD & MLD can be supported. Search for 'football' on www.bromsgrove.gov.uk or contact Emma Shelton eshelton@rigbyhall.worcs.sch.uk or 01527 875475
10 - 12 year olds 5 - 6pm (Term-time)			
13 - 15 year olds 6 - 7pm (Term-time)			

Inclusive Activities - Your Ideas Spectrum Clubs
Your Ideas Youth & Community Project, Dilwyn Close,
Matchborough East, Redditch, B98 0BU

*ASC = Autistic Spectrum Conditions

See www.yourideas.org.uk for more details

Day/Time	Group	Cost / Info
Tuesdays 4.30 - 6.30pm	Spectrum Yellow Club	(ASC ages 5 - 9) £32 per month
Tuesdays 6.30 - 8.30pm	Spectrum Orange Club	(ASC ages 10 - 14) £32 per month
Wednesdays 4 - 5.30pm	Art Club	(Local youth club ages mixed, priority for Matchborough) £1
Thursdays 4.30 - 6.30pm	Spectrum Green Club	(ASC / more anxious / hard to engage 12+) £32 per month
Thursdays 7 - 9pm	Spectrum Red Club	(ASC young people aged 15 - 18) £32 per month
Fridays 4.30 - 7.30pm	Games Club Juniors	Ages 8 - 14 (AS /Anxious/ vulnerable/ at risk) £32 per month
Fridays 7.30 - 10.30pm	Games Club Seniors	(ASC/Anxious/ vulnerable/ at risk) ages 15+ £32 per month
Saturdays 7- 10pm	Saturday Club	(Young adults 18+ ASC/mild LD) social support group £32 per month

EOTAS (Education Otherwise Than at School)

Day/Time	Cost / Info
Weekdays	1:1 Key Work Support for children and young people who are on reduced timetables / excluded and those who school refuse. Referral only through schools of Worcestershire Children First only.

Other links / organisations / support

Chat Health

Text messaging service to put young people in touch with healthcare professionals, for 11 - 19 year olds, available 9am - 4pm

<https://chathealth.nhs.uk>

Contact **07507 331750**

Shelf Help

Reading Well for Young People - supporting mental health.

Visit local library or search Shelf Help on www.worcestershire.gov.uk

Reading Well Books on Prescription

Young people's mental health.

<https://reading-well.org.uk>

Bromsgrove District Libraries

Rubery, Catshill, Hagley, Wythall, Alvechurch and Bromsgrove. Online resources and activities.

www.worcestershire.gov.uk/libraries

Local Skate Facilities

Sanders Park

(Large area of steel ramps)

St Chads Park, Rubery

(Large area of steel ramps)

Charford Rec ground

(Concrete skate - small)

Hagley Playing Fields

(Concrete skate - small/ medium)

www.bromsgrove.gov.uk/things-to-do/parks-and-outdoors/parks-and-play-areas

Ping Pong Tables

Sanders Park, free to use (must bring own bat and ball)

www.bromsgrove.gov.uk/things-to-do/parks-and-outdoors/parks-and-play-areas

Basement Project Drop-in Centre

Monday - Friday 12 - 4pm

Wednesday evenings 5 - 7pm

Basement Project, Hanover House, Bromsgrove, B61 7JH

Contact us on **01527 832993**

www.bromsgrovebasementproject.org.uk

The Hub

A free drop-in service for young people to access services. Monday - Thursday 3 - 6pm for 11 - 19 year olds.

**Bromsgrove Baptist Church,
New Road, B60 2JD**
Contact **07827 917211**
Email **TheHubBromsgrove@outlook.com**

Snaps

Term time only, peer support for parents of children with additional needs
- Home Start.

Contact Karen Jones **01527 62819**
www.home-start.org.uk/home-start-north-east-worcs

Special Needs Jungle

www.specialneedsjungle.com

Contact - For families with disabled children

Our helpline is for parents and carers in any part of the UK with a disabled child aged from birth to 25.

**0808 808 3555 (Monday-Friday,
9.30am - 5pm)**
https://contact.org.uk

School Holidays - HAF, "Be Active"

Have a healthy meal & make friends while school's out.

For more info, to register and book activity places for activities throughout Worcestershire follow this link **www.haf-it.co.uk/activities**

Or search for 'holiday activity & food' on
www.bromsgrove.gov.uk



Redditch Fun Universal Activity Groups

Time	Group	Location	Cost / Info / Contact
Mondays			
4 - 5.30pm	Youth Group	WISE Centre, The Canopies, Walter Stranz Square	For 8 - 16 year olds. Contact Young Solutions Worcestershire office@youngsolutions.org.uk
5 - 6pm	Wildcats All Girls Football Group	The Trico Stadium, B97 4RN	£4 per session. Alan Williams 07786 983951 Juniors@rufcofficial.co.uk
6 - 7.30pm	Youth Club	Willow Trees Community Centre, B98 9JL	For 8 - 16yrs. Contact: michael.hall@ymcaworcestershire.org.uk 07716 637042
Tuesdays			
5 - 8pm	Youth Group Football on the Astro	Arrow Vale Academy, B98 0GF	For 13 - 19 year olds. FREE to attend. For more information ring 07462 949752
6 - 8pm	Youth Group Food/Cooking/Pool/Xbox/Art		
4.30 - 6pm For 8 - 12 year olds	Open Access Youth Centre	Woodrow Community Centre	For 8 - 13yrs, open to all. Please contact 01527 502624 or search Your ideas on Facebook
6.30 - 8.30pm For 13 - 17 year olds			
Wednesdays			
4 - 6pm	Matchborough Youth Club	Your Ideas, Dilwyn Close, B98 0BU	For 8 - 13 year olds. £3 per session to include hot food. Call 01527 502624 for more info.
4 - 5.30pm	Art Club		(Local youth club ages mixed, priority for Matchborough) £1.00 www.yourideas.org.uk
6.30 - 7.30pm	Girls Only Street Cricket	HOW College Sports Hall, B98 8DW	For girls 8 - 15 years. Contact Harry Kitchen 07850 603939

Thursdays

5.30 - 7pm	Junior Youth Club	REDI Centre, B98 7DQ	Contact 01527 64461 for more information
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Fridays

6 - 8pm	Make a Noise Music Session	REDI Centre, B98 7DQ	For 10+ year olds. Contact 01527 64461 for more information
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	Up Foundation Football Sessions "Up Fridays"	Trinity High School Astro, B98 8HB	£1 per session email UPTEAM@UPFOUNDATION2016.CO.UK
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6.30 - 9.30pm	Rollers Roller Disco	Tudor Grange Academy, B98 7UH	See Facebook Rollers Roller Disco for more details
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6 - 8pm For Years 10/11/12/13	Food/Cooking/ Pool/Xbox/Art	Arrow Vale Academy, B98 0GF	For 13 - 19 year olds. FREE to attend. For more information ring 07462 949752
7 - 9pm For Years 10/11/12/13	Football on the Astro		

Sundays

Contact for details	Junior Rugby	Redditch Rugby Club, B97 4SP	Boys & girls 5 - 16 year olds. email redditchrfcjuniors@gmail.com
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Contact for details	Redditch Self-Defence Classes	Old Needleworks, Britten Street, B97 6HD	Adults Recreational Boxing. Kids Self Defence and Boxing. Free SEN referrals. Martial Arts Classes. Mother and Daughter sessions. Private Bag and Pad fit sessions. Free Teens class. 121 sessions in all disciplines, Anti Knife Crime support., Victim support. DA support. Redditchselfdefence.co.uk
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Inclusive Activities - Your Ideas Spectrum Clubs
Your Ideas Youth & Community Project, Dilwyn Close,
Matchborough East, Redditch, B98 0BU

*ASC = Autistic Spectrum Conditions

See www.yourideas.org.uk for more details

Day/Time	Group	Cost / Info
Tuesdays 4.15 - 6.15pm	Spectrum Yellow Club	(ASC ages 5 - 9) £32 per month
Tuesdays 6.30 - 8.30pm	Spectrum Orange Club	(ASC ages 10 - 14) £32 per month
Wednesdays 4 - 5.30pm	Art Club	(Local youth club ages mixed, priority for Matchborough) £1
Thursdays 4.30 - 6.30pm	Spectrum Green Club	(ASC / more anxious / hard to engage 12+) £32 per month
Thursdays 7 - 9pm	Spectrum Red Club	(ASC young people aged 15 - 18) £32 per month
Fridays 4.30 - 7.30pm	Games Club Juniors	Ages 8 - 14 (AS /Anxious/ vulnerable/ at risk) £32 per month
Fridays 7.30 - 10.30pm	Games Club Seniors	(ASC/Anxious/ vulnerable/ at risk) ages 15+ £32 per month
Saturdays 7- 10pm	Saturday Club	(Young adults 18y+ ASC/mild LD) social support group £32 per month

Various

Contact for details	SEN Forest School	Rainbow Woods, B60 1LH	To book, see Forest School on Facebook or Instagram Forest School Families or www.forestfam.com 07816 858356
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<https://chathealth.nhs.uk>
Contact **07507331750**

Shelf Help

Reading Well for Young People - supporting mental health.

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Reading Well Books on Prescription

Young people's mental health.

<https://reading-well.org.uk>

Redditch Borough Libraries

Redditch and Woodrow. Online resources and groups.

www.worcestershire.gov.uk/libraries

Contact - For families with disabled children

Our helpline is for parents and carers in any part of the UK with a disabled child aged from birth to 25.

0808 808 3555 (Monday-Friday, 9.30am - 5pm)
<https://contact.org.uk>

Special Needs Jungle

www.specialneedsjungle.com

Local Skate Facilities

Morton Stanley Park (*Full Skate Park*)

Heronfield Close (*Small ramp*)

Lowlands Lane (*Small series of ramps*)

High Trees Close (*Straight grind rail*)

Astwood Bank, Evesham Road

Matchborough Skate Ramps (*Managed access, small fee*)

Throckmorton Road (*Small ramp, curved grind rail & straight grind rail*)

Other links / organisations / support

Ping Pong Tables

Morton Stanley Park - Free Tables.

(Need to provide your own bats & balls)

Arrow Valley Lake - Free Tables.

(Need to provide your own bats & balls)

Ping pong Parlour. Free to attend

(Ping pong bats & balls provided) Kingfisher Shopping Centre

Arrow Valley Country Park

Walking trails, Disc Golf & Orienteering

Redditch BMX Track

In Arrow Valley Country Park off the Icknield Street Drive entrance.

www.redditchbc.gov.uk/things-to-do/parks-and-outdoors

Snaps

Term time only, peer support for parents of children with additional needs
- Home Start.

Contact Karen Jones **01527 62819**
www.home-start.org.uk/home-start-north-east-worcs

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